

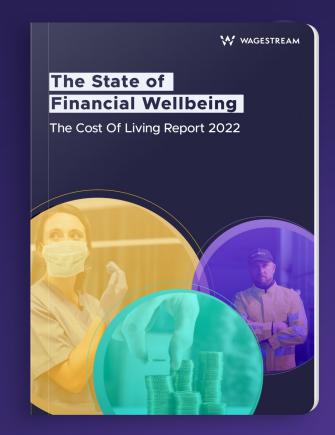
The State of Financial Wellbeing. And what YOU need to do about it!

Jamie Lawrence, Insights Director, Wagestream

Wagestream research report

The State of Financial Wellbeing The Cost of Living Report 2022

- Independent research
- 300 senior HR professionals
- 2,500 employees
- Data collected: May 2022
- Report released: July 2022



Part 1 What's the impact of the cost-of-living crisis on UK employees?

Energy bills: British consumers quoted up to £3,500 a year for fixed rates The Guardian

Petrol prices: No let-up for UK motorists as average cost hits new record 165p a litre sky news

Cost of living crisis leaves workers £2,922 worse off Spiralling costs and tax hikes will hit every household The Telegraph Supermarkets Grocery prices in UK rise at fastest rate in eight years, data shows The Guardian

providers will hike costs the most in 2022? Which?

Living costs rising at their fastest rate for 30 years BEC ...and inflation may hit 11%.

70%

of UK employees are now worrying more about money, with 76% of these **suffering worse mental health as a result** 28%

now **worry about money daily**, up from 24% in November 2021. **52%**

say financial concerns are worrying them most over the next three months, **up from 40% in November 2021**

What actions	
employees have	
taken in response	
to rising costs	

Reduced my spending	70%
Reduced the amount I save	39%
Taken steps to switch providers/reduce bills	28%
Used my savings to make ends meet	27%
Increased use of credit e.g credit cards/overdrafts	20%
Asked friends and family for help	13%
Negotiated new rates with supplier	11%
Stopped/reduced pension contributions	7%
I haven't taken any steps	6%

Increase in annual days of worry, based on actions taken in response to rising living costs



Used my savings to make ends meet Asked friends and family for help Increased use of credit, such as overdrafts or credit cards Reduced the amount I save Stopped or reduced pension contributions Reduced my spending Negotiated new rates with a supplier Taken steps to switch providers to reduce bills

Change in wellbeing associated with dipping into savings to meet rising costs

10% increase in anxiety felt on the day before they responded to our research

50 extra days of worry each year 5% reduction in how worthwhile they feel the things they do in life are 8% reduction in selfreported life satisfaction

Part 2 Are organisations helping staff to better cope with rising costs?

There's an 'impact gap.'

81%

of employers say they've introduced new forms of financial support in the last three months



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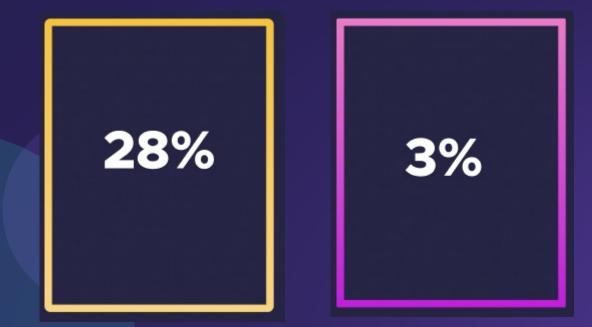
of employers say they've introduced new forms of financial support in the last three months 19%

of employees say their employer has introduced new forms of financial support in the last three months

Employers underestimate how bad the problem actually is.



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Money stigma an obstacle to success

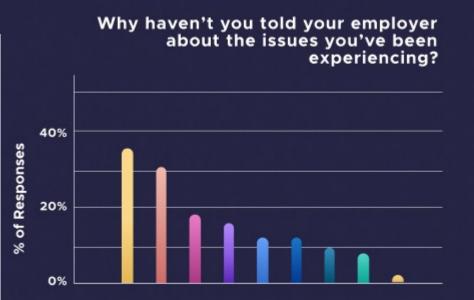
76%

of employees negatively affected by the cost of living crisis have not told their employer

Money stigma an obstacle to success

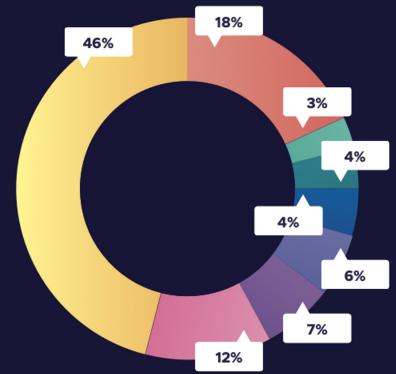


- Fear of discrimination
- Fear of dismissal
- Other, please specify



What's the main reason, if any, you don't think your employer can help with the cost-of-living crisis?





Part 3

What two things can you do to better support your people as living costs rise?

1. Be relentless in communicating what you're doing

1. Ensure channels and messaging reflect employee base

2. Use hooks to help direct attention

3. Use money champions to spread the word

2. Do your bit to help destroy the money stigma

1. Focus on sharing accessible, meaningful stories

2. Consistently use & reinforce non-judgemental language

3. Nurture a culture of trust to encourage sharing

What's Wagestream?

We're the only Financial Wellbeing app founded with charities, designed for frontline workers and built around pay - with no change to payroll.

Flexible pay

Financial flexibility to reduce money worries and avoid high-cost credit

Vouchers Savings off essential purchases like weekly groceries

Tracking and budgeting Real-time visibility of shifts, earnings and outgoings

Savings

Simplifying the process of creating a buffer to cover unexpected expenses

Coaching

Improved long-term financial health through tailored advice

Plus more

Fair financial products and services launching soon, including Insurance and Credit



Thanks! Any questions?